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2010 Natural Open British Strongman Contest Application form

Name:

Address:
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Post code:

T-shirt size:

Other natural federations membership*.....

*This is not a prerequisite but anyone without affiliation to another natural federation may likely be drug tested regardless of placing.

Bodyweight: (those failing to make the weight on the day will not be allowed to compete in the heavier class unless empty slots are available. Max ten per class)

Previous competitive highlights: (for purpose of MC)

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I the named above agree to undertake this event in the full knowledge that personal safety in the competitive events although having been risked assessed by the organizer is within my own responsibility and the organizer takes no responsibility for any injury or incident that may occur. I hereby waive and release any claims or demands against EQ nutrition Ltd and its representatives, sponsors and promoters that may arise out of my participation in an event.

I also understand that I may be called upon to be urine tested for banned products as laid out within the appendage page accompanying this application form and as listed by WADA. Failure of said test would ban me from future competition and I would be stripped of any placing. In addition any failed test would be made public and passed on to other drug tested federations.

I agree that I will abide by the rules as outlined in the athletes meeting prior to the event and any rules set out by EQ nutrition Ltd pertaining to the event. Failure to comply may see my placing or participation in the event affected.

Signature: Date: / /

Payment is required with application. Entrance fee is £15 and cheques should be made payable to EQ Nutrition Ltd.

Send to: EQ Nutrition, 67 Chadwell Avenue, Cheshunt, EN8 0ER

List of Banned Substances

The following substances and related compounds are banned and their use constitutes grounds for dismissal from drug tested events operated by monster muscle limited.

ANABOLIC STERIODS

TESTOSTERONE (Testosterone/epitestosterone Ratio)

The T/E ratio is used to measure the presence of exogenous testosterone, or illicit elevation of testosterone levels. A T/E ratio in excess of 6/1 is ruled as positive, no matter what the cause.

GROWTH HORMONES (pharmaceutical HGH, HCG and any other related compounds)

HORMONES AND PRECURSORS The use of any hormone (injectable, oral, sublingual or otherwise) for bodybuilding purposes including insulin is strictly prohibited. All hormonal precursors (DHEA, androstenedione, 19 norandrostenedione, etc.) are banned.

CLENBUTEROL AND GHB

ANY ILLEGAL OR ILLICIT BODYBUILDING DRUG OR SUBSTANCE

ANY FDA-BANNED SUBSTANCE UNLESS INDICATED

ANY IOC-BANNED SUBSTANCE UNLESS INDICATED

Note: Should the use of any substance cause an elevated T/E ratio in excess of the 6/1 limit, the athlete will be ruled as positive (failure). Likewise the presence of any banned substance in the urine (i.e. nandrolone) no matter how it arrived there is ruled as positive (failure)

I have read and agree to abide by this list of banned substances as a prerequisite for my participation in the EQ Nutrition Strongman Contest and its sanctioned event.

Name:

Signature:

Date: / /